

SMBC Team Building Training Videos

Module 1: Teamwork Activities

- Activities you can use to form team synergy
- Instructions and examples of how and when to use these activities
- Lists of other activities to use and develop

Module 2: Becoming a Strong Team

- Creating a definition of teamwork for your team
- Differentiating a team from a group
- Developing methods you can implement to improve your teamwork

Module 3: Empowering Your Team

- Recognizing and rewarding examples of effective teamwork
- Modeling behaviors which are effective in others
- Giving specific, sincere compliments to team members

Module 4: Team Communication in Action

- Demonstrating what it takes to communicate
- Using communication to form team bonds
- Example games and activities you can use with your team

Module 5: Understanding Team Communication

- Understanding what it takes to communicate
- Using communication to form strong team bonds
- Using new tools to show and elicit respect, trust, and professional courtesy

Module 6: Listening to Your Team

- Fundamentals of effective, empathic listening
- Simple behaviors which lead to awesome team results
- Listening with the intent to understand, rather than respond

Module 7: Team Conflict Resolution

- Understanding what conflict is and why it happens
- Dealing with difficult behaviors in your team members
- Keys for resolving conflict constructively and productively

Module 8: One-on-one Conflict Resolution within the Team

- Recognizing what causes conflict
- Making effective choices to face and resolve conflict
- Tool for communicating during a conflict situation

SMBC Team Building Video Order Form

Module of Video Training

Quantity

Module 1: Teamwork Activities _____

Module 2: Becoming a Strong Team _____

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Module 6: Listening to Your Team _____

Module 7: Team Conflict Resolution _____

Module 8: One-on-one Conflict Resolution in a Team _____

Total quantity of videotapes _____

Cost

\$95 per videotape, or \$695 for set of eight (includes tax, postage, and handling)
(non-profit organizations / educational institutions please call for special pricing)

Total \$ enclosed: _____

Name: _____

Company: _____

Address: _____

Phone: _____

• Mail completed form with check to:

Lou Carloni, SMBC Incorporated
863 Iron Corner Court
Odenton, MD 21113

- Questions? Call Lou at [410-721-1512](tel:410-721-1512) or e-mail Lou@smbcinc.com or visit our website to see video clips of our trainers <http://www.smbcinc.com/video.html>